

For healthy milk teeth

Even the first tooth of your baby could be susceptible to caries. Therefore milk teeth must be properly cared for from the beginning.

- To make sure that your child will have healthy teeth, you, as parents, should look after your own teeth. In this way you will reduce the risk of transmitting caries-associated bacteria to your child and also serve as a good example to your child.
- Your parent advisor will provide you with information, tips and tricks concerning dental hygiene and nutrition.
- If you have any questions about the milk teeth of your child, feel free to contact the prophylaxis team of the school dental service: by telephone every Thursday morning between 7.30 and 8.30 am (phone 052 269 10 81) or via Email (prophylaxe@win.ch).
- Everyday life with small children can sometimes be difficult and demanding. Brushing children's teeth and maintaining a healthy diet on a day to day basis can be very strenuous. If you have the feeling that this is too much for you, you will receive support from us. Speak to your parent advisor about this problem or get in touch with us directly.
- Do you suspect that there is something not quite right with the teeth of your child? Go to your dentist or make an appointment for your child at the school dental clinic free of charge (Telephone 052 269 10 80). This offer is for children aged from 1 to 4 years.
- Does your child need treatment for caries? We will advise you on possible procedures and refer you to specialists.

Is my child especially susceptible to caries ?

Respond to the following statements and estimate the risk of your infant developing caries (from the age of 12 months):



I have not cleaned the teeth of my child every day from the beginning... **that's right**

I do not use fluoridated toothpaste every day for my child... **that's right**

At night my child drinks one of the following liquids from a bottle: milk, Ovomaltine / drinking chocolate, sugary tea or tea sweetened with honey, orange juice, soft drinks or similar drinks... **that's right**

I find brushing my child's teeth every day and maintaining a healthy diet is often too demanding... **that's right**

I do not clean my own teeth every day... **that's right**

I only go to the dentist myself if something is aching or bothering me... **that's right**
